

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Stretching Exercises							
Listen to CD							
Listen to other music							
Head Joint Sounds							
Big, Beautiful, Clear B							
Tofu							
Chromatic Exercise							
Bell Tones							
Staccato Exercise							
F Scale							
C Scale							
At least 2x each week: Mary, Fireflies, Kagome							
At least 3x a week: Cuckoo, Lightly Row, Twinkles							
Daily: Aunt Rhody							
Amaryllis							
D C D E C (careful of pointer & pinky!)							
Allegro							
Flute Circles							
Honeybee							
Preview							
Other spots							
Something just for fun!							